



Helping Hands

help·ing hand
noun

Definition: Help, aid, or assistance.

Synonyms: aid, assist, boost, reinforcement, support

The purpose of ASP's Helping Hands Program is to provide opportunities for volunteers to be in service to Appalachia Service Project beyond the traditional volunteer experience.

COVENANT

As a Helping Hand Volunteer, I pledge to:

- Be a witness for ASP within the county(ies) I serve and the Appalachian region.
- Fulfill my responsibilities to the best of my abilities.
- Understand and fulfill the responsibilities as outlined by the staff through the Helping Hands Program.
- Adhere to the policies, rules, and expectations of Appalachia Service Project.
- Abide by the [ASP Anti-Harassment Policy](#).
- Read the construction manual (if required for my tasks) and use them in my work with the summer/year-round staff(s).
- Communicate freely with the summer/year-round staff members and administrative staff members I come in contact with during my time in Central Appalachia.
- Abstain from the use of illegal drugs and alcohol during my week(s) as a Helping Hands Volunteer. If I am a tobacco user, I will use tobacco products discreetly and in designated smoking areas.
- Attend to my health care needs and obtain adequate rest.
- Inform the summer/year-round staff of any special medical or physical needs I may have.
- Complete an **ASP Volunteer Trip Agreement** form for each week I am serving.
- Set an example that is above reproach for the summer/year-round staff, volunteers, community members, and families being served by ASP.
- Be aware of and uphold the reputation and image of ASP.
- Be a good steward of the resources of ASP and work within financial and time guidelines as established by ASP.
- Understand that I work at the request and direction of summer/year-round staff and administrative staff members where I am assigned.

Printed Name: _____ Signature: _____ Date: _____

(Please sign and send back to ASP with the **Acknowledgements and Consents Form**.)